A PLACE OF CHANGE MINISTRY

A PLACE OF CHANGE MINISTRY SEPT 26, 2026

LET HIM COACH YOU

DR. ERIC THOMAS

September 26, 2026

> Dr. Eric Thomas on why the fix was never more effort - it's letting God back into the process.

THE ONE THING

GOD WANTS THE EXACT SAME THINGS FOR YOU THAT YOU ALREADY WANT - RELIEF, ACCESS, INCREASE, AND RESULTS. HE JUST REFUSES TO BE LEFT OUT OF HOW YOU GET THERE. THE FIX WAS NEVER MORE EFFORT; IT'S LETTING HIM COACH YOU: ASK BEFORE YOU MOVE, LISTEN WHILE YOU'RE IN IT, AND REVIEW HONESTLY AFTER, INSTEAD OF ONLY BRINGING HIM A DECISION YOU'VE ALREADY MADE OR A MESS YOU'VE ALREADY MADE.

LET HIM COACH YOU

God wants the exact same things for you that you already want - relief, access, increase, results. He just refuses to be left out of how you get there.

Haggai's ancient complaint still lands: you have sown much and brought in little; you are working, but not progressing; earning, but can't keep it. God isn't asking you to consider His ways here - He's asking you to consider yours.

> Consider your ways. Ye have sown much, and bring in little; ye eat, but ye have not enough; ye drink, but ye are not filled with drink; ye clothe you, but there is none warm; and he that earneth wages earneth wages to put it into a bag with holes.
>
> HAGGAI 1:5-6 (KJV)

YOU CAN BE PUTTING IN REAL EFFORT AND STILL NOT GET YOUR DESIRED OUTCOME, BECAUSE SOMETHING - OR SOMEONE - IS OUT OF ALIGNMENT.

Dr. Eric Thomas

This isn't us against God - it's us with Him. He picked you the way a father keeps watching the road for a son who hasn't come home yet. When you fail, He isn't indifferent; He made an investment in you, and He wants a return on it.



From the deck - Let Him Coach You - title plate

THE COACHING PROBLEM

Here's the honest part: most of us don't actually want to be coached. We want relief, access, income, results - and God wants those same four things for us. The only condition is that He won't be left out of the process while we get them.

ASK BEFORE

Most of us make the decision, then ask God to bless it. Flip the order: pray for direction first, get the decision from Him, and it's already blessed on the way out.

> Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths.
>
> PROVERBS 3:5-6 (KJV)

LISTEN DURING

A twelve-year-old wrestler gave Eric this message: in football or basketball, the coach only talks to you between plays. In wrestling, the coach is calling out adjustments while you're still in the hold. That's how God corrects - not only before the match and not only after it, but in it.

> And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it.
>
> ISAIAH 30:21 (KJV)

REVIEW AFTER

This is why so many of us keep going back to what already hurt us - not because we're evil, but because we never review. Look at the pattern honestly. Own your part in it. Then change the actual system, not just your feelings about it.

> As a dog returneth to his vomit, so a fool returneth to his folly.
>
> PROVERBS 26:11 (KJV)

GOD, WHERE DID I LISTEN TODAY, AND WHERE DID I IGNORE YOU?

The nightly question

Ask before. Listen during. Review after. Let Him coach you, and He will take little and make it much.

DO NOT JUST READ IT

THIS WEEK'S ASSIGNMENT

MONDAY

Ask Before

Name the decision you're circling right now that you haven't actually brought to God yet. Pray it through before you move on it - don't decide first and ask for the blessing after.

TUESDAY

Consider Your Ways

Go through Eric's list one line at a time - working but not progressing, eating but not satisfied, earning but can't keep it. Which one is quietly true of you right now? Write it down before you explain it away.

WEDNESDAY

Listen During

Notice one moment today when you sense a check - a "don't do that," a hesitation, a nudge to turn. Obey it in the moment, not after you've already gone through with the thing.

THURSDAY

Let Him In the Equation

Think of one area you've been managing entirely on your own - money, a relationship, a decision. Invite God into it out loud today, specifically, instead of just asking Him to bless the outcome.

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KEEP BUILDING.

Saturdays at 11:00am.

Notes, slides and the full transcript every week at apoc.kapturedpixel.com/message