A PLACE OF CHANGE MINISTRY

A PLACE OF CHANGE MINISTRY OCTOBER 10, 2026

DON'T ACT WILD

PASTOR TJ TYUS

October 10, 2026

> Pastor TJ Tyus on what to do when life gets wild - and the difference between facing a challenge and acting wild back.

THE ONE THING

WHEN LIFE GETS WILD - WHEN SOMETHING YOU CAN'T MANAGE OR CONTROL HITS YOU - THE TEST ISN'T WHETHER YOU'LL FACE A CHALLENGE. IT'S WHETHER YOU'LL ACT WILD BACK, OR DO WHAT DAVID DID AT HIS LOWEST POINT: ENCOURAGE YOURSELF IN THE LORD.

DON'T ACT WILD

When life gets wild - when something you can't manage or control hits you - the test isn't whether you'll face a challenge. It's whether you'll act wild back, or do what David did at his lowest point: encourage yourself in the Lord.

Just because God gives you a new year doesn't mean it's going to be new. You have to get the new out of the year - that only happens if you move forward.



From the deck - Title slide, "Don't Act Wild," A Place of Change Ministry, October 10, 2026, Pastor TJ Tyus.

WHERE THERE'S NO CHALLENGE, THERE'S NO CHRIST

Without challenge, there's no change. Without tension, there's no growth. TJ illustrates it from the gym: a client wanting to get stronger but refusing to go down to a full squat - that doesn't count, go again. God won't call it done until you've done the full rep.

THAT DON'T COUNT... GO AGAIN.

Pastor TJ Tyus

WHEN IN THE WILD, DON'T ACT WILD

"Wild" means uncontrolled, unmanaged, chaos. When we hit an area of life we can't manage, many of us lose control right along with it - even after we've studied and preached the word. Jesus himself was led into the wilderness before He was tested.

> Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward hungry. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread.
>
> MATTHEW 4:1-3 (KJV)

ENCOURAGE YOURSELF IN THE LORD (1 SAMUEL 30:6)

David was greatly distressed - a state of anxiety, sorrow, or pain. He encouraged himself in the Lord: in Hebrew, "encourage" means to take courage. It's an action - he didn't wait for something to happen to feel better; he went and found something to be encouraged about.

> And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the LORD his God.
>
> 1 SAMUEL 30:6 (KJV)

YOU HAVEN'T BUILT THE STRENGTH TO USE THE WORD

Illustrated with a replica sword and two volunteers: confidence without experience is heavy and hard to hold; confidence built through practice makes the same weight feel light. Many of us have the word but haven't

built the strength - through trials - to actually wield it.

YOUR LEVEL OF EDUCATION AND EXPERIENCE DETERMINES YOUR LEVEL OF CONFIDENCE.

Pastor TJ Tyus

> But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.
>
> HEBREWS 11:6 (KJV)

WHOSE BUSINESS ARE YOU IN?

At 12, Jesus was already about His Father's business. When you're tested, you respond out of whatever business you've been in all week - your own distractions and comparisons, or God's.

> And he said unto them, How is it that ye sought me? wist ye not that I must be about my Father's business?
>
> LUKE 2:49 (KJV)

THE FOCUS RESET

Focus determines feelings. Feelings determine actions. Actions determine results. When life gets wild: Find your feet (breathe, reset your body language), Observe your focus (what has your attention right now), Check the meaning (what's fact, what's assumption - use truth), Select one next step (the one wise, faithful thing you can do now).

> O our God, wilt thou not judge them? for we have no might against this great company that cometh against us; neither know we what to do: but our eyes are upon thee.
>
> 2 CHRONICLES 20:12 (KJV)

THE VALLEY OF PRAISE

Jehoshaphat's army was outnumbered and surrounded. Instead of complaining, they sang praise - and God caused their enemies to defeat each other; the army never had to fight. The question for all of us: is your valley a valley of pity, complaining, worry - or praise?

> And when he had consulted with the people, he appointed singers unto the LORD, and that should praise the beauty of holiness, as they went out before the army, and to say, Praise the LORD; for his mercy endureth for ever. And when they began to sing and to praise, the LORD set ambushments against the children of Ammon, Moab, and mount Seir, which were come against Judah; and they were smitten.
>
> 2 CHRONICLES 20:21-22 (KJV)

THIS WEEK'S CHALLENGE

Every time you catch yourself stacking up an "and" of complaints this week, stop and swap it for a "but" - name the hard thing, then say what you still trust God for. Work through the five-day plan on this page one day

at a time.

DO NOT JUST READ IT

THIS WEEK'S ASSIGNMENT

MONDAY

Name Your Wild

What area of your life feels uncontrolled or unmanaged right now? Write it down honestly - then write one thing you know is true about God in that area.

TUESDAY

Check the Meaning

Think of the last time you felt hurt, overlooked, or disrespected. What's the actual fact, and what's the meaning you added to it?

WEDNESDAY

Build the Strength

What's one "full squat" you've been avoiding - the thing you know would stretch you, but you keep stopping short of?

THURSDAY

Whose Business Are You In?

Whose situation have you been watching or comparing yourself to this week, instead of focusing on what God's called you to do?

FRIDAY

The Valley of Praise

Name your current valley out loud. Will you let it be a valley of complaining, or will you make it a valley of praise today?

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KEEP BUILDING.

Saturdays at 11:00am.

Notes, slides and the full transcript every week at apoc.kapturedpixel.com/message